

MARTINACO.

HOW TO CREATE A LIFE YOU LOVE WITHOUT STRUGGLE

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WELCOME

- If you've failed at creating your exciting goal in the past, it's not your fault.
- If you've been concerned in the past that you can't succeed in some area of your life and you may never, put those fears to rest.
- If you're ready to learn to how to create your success naturally, you are in the right place.
- If you've ever thought that society had it wrong and that you do have the power to heal and transform, you're probably right.

MY INTENTION

To show you that using TRUE CHOICES and CREATIVE STRUCTURE is the FASTEST and EASIEST way to achieve any of your goals naturally and have A LIFE YOU LOVE without struggle.

THIS SEMINAR IS FOR YOU

If you want to live your life as an **EXPRESSION OF YOUR HIGHEST POTENTIAL** and tap into your inner power and natural ability to create anything that you want with **JOY, EASE and FLOW**.



**LOVE and
AUTHENTIC
RELATIONSHIPS**



**POSITIVE IMPACT,
ABUNDANCE and
CONTRIBUTION**



**HEALTH,
FREEDOM and
ACTIVE LIFESTYLE**



**FAMILY and
FULFILLMENT**

I APPRECIATE YOU.

- I Will not waste your time
- I Will give you a full session on how to set your goals to avoid unwanted events and experiences and create a life you love
- I Will Stay around for questions at the end, (I will stay for as long as you will)
- I Will offer the next step with me if you want to take it

HOW TO GET THE MOST :

- Honor the TRUTH
- Turn of your phone and BE FULLY PRESENT
- Take notes
- Make decisions
- Ask questions (time in the end)
- Fully engaged

TODAY'S FOCUS

1

PROBLEM
CLARITY

2

SOLUTION
CLARITY

3

DEMO

YOU WILL LEARN TODAY:

1 PROBLEM CLARITY

What is a PROBLEM SOLVING STRUCTURE and why it is a massive problem. The 3 mistakes that high achievers and ambitious hardworking people are making.

2 SOLUTION CLARITY

The most important secret to manifest with ease, flow and fun: How to set CREATIVE STRUCTURE in your consciousness that allows amazing momentum and flow and guarantees your end results.

3 DEMO

How to set true choices to create a life you love.

BECAUSE OF THIS SYSTEM I HAVE :

Converted EXISTENTIAL CRISES to SUCCESS beyond belief:

- Become an entrepreneur with a job I love: own coaching practice as a Conscious Creation Trainer and previously as Holistic Health Specialist and Corrective and High Performance Kinesiology Coach
- Make a significant impact: Facilitate transformations not always possible via conventional ways
- Found the Love of my life and form a beautiful reciprocal and fulfilling relationship
- Heal my body naturally and achieved best shape ever
- Rebuilt our home at the beach
- Lead freedom based lifestyle doing what matters most and live from joy



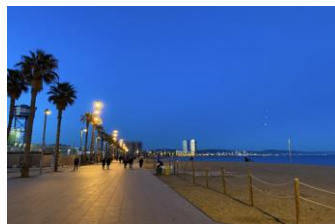
It wasn't always like this



**CREATE A
GOOD LIFE**

Be perfect
Make it perfect
Hard work, sacrifices
Have status and security

USA
University
European Parliament
Amateur athlete
Amateur musician
4 Languages



3 countries
8 jobs
10 houses
20 relationships
Serious self destruction



THE BIG PROBLEM:

- **Wrong thinking: "THEN IT WILL BE BETTER."**
- **Wrong sense of who I really am:** Unaware of my unconscious mind's agenda thinking my thoughts and feelings are right. Holding on to what makes sense and listening to my fears.
- **Distrusting myself and dismissing my intuition:** "It can't be right - there's no way my intuition knows."
- **Never believed I can change and can have it all** - that I can be equally or more successful as the successful people I was admiring.
- **I thought I had it all figured out and that with will power I'll get it.** Yet the success I achieved almost killed me! Nothing made sense.

SELF-EDUCATION + SELF-ANALYSIS

Why am I so far away from what I want?

Why is taking everything so much time?

What am I doing wrong? What else to do here?

Became an expert in deciphering my inner logic. And I could see how it manipulates me and people around me without being conscious of it!

Everything started to make sense.

I REALIZED:

My unconscious mind controls me:

I am not following my truth what's important to me:

- I proving to the world I'm worthy because inside I feel so small, unimportant and undeserving.
- I'm fixing myself because I believe I am not enough and not perfect - like a mistake and failure that has to be changed.

My life perfectly matches the program in my head.

But I am NOT my mind.

FREE FOR THE FIRST TIME

Empowered to do what I love: HELP PEOPLE

Intuition has to become the leading voice in my life.

To follow my truth was NOT a choice, but an obligation and responsibility.

**Reinvention 1 :
Holistic Health +
Corrective and High
Performance Kinesiology**

Top shape and health
Love of my life
Own business: time
+ freedom



Reinvention 2: Transformational Coaching

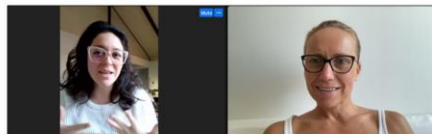
Personal Development
T. Robbins, B. Burchard
High Performance Coaching
Success Coaching
Ho'oponopono
Energy Chanelling
Yoga
NLP
Tapping
Psych-k



Reinvention 3: Conscious Creation / Superconscious Transformation

Joe Dispenza
Gregg Braden
Bruce Lipton

Christopher Duncan
William Whitecloud
Collete Streicher



There's nothing wrong
with you.
You are not broken.
Success is not personal.

Fixing and healing is
more hindering us
than helping us.

Today:

- Conscious Creation Trainer - certified in Magnetic Mind Method, Creative development, Superconscious Transformation
- I train stressed ambitious achievers to create a life they love - to consciously create their desires with ease.
- I help them implement a 6-step methodology that allows them to TAKE CONTROL of their destiny in relationships, health, finances, and fulfillment.
- I teach concrete concepts and techniques of how to turn ideas into tangible results:
 - creative structure, identity alignment and the revolutionary brain reprogramming technique to rewire the brain in minutes - the Superconscious Recode
- I do not do therapies, nor am I a therapist.

GREATEST ACHIEVEMENTS

- Live a life I love and create with ease, joy, flow and fun and help others do the same.



"I learned to recognize my true voice and train my confidence, I learned to observe the origin of my behavior and direct it towards my freedom, I learned how I can be fully responsible for my happiness and freedom. I am calm, building my dream with ease and at an excellent pace. In a year of consciously creating I have reached my long-awaited independence, transcendental love, work that was easy for me and vacations with my son twice a year.."

Fabiella G.



"Discovering how my mind works, what limiting patterns it repeats and how I am solving these beliefs without knowing it freed me so much that my project started with an avalanche of unexpected events: new clients and income and finally people who fit with me and my values! Thanks to this change - that I took responsibility for my focus and actions."

Tania Ch.

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"By pleasing everybody around me except myself I was feeling burned-out. I was stuck by not taking any decisions or the wrong ones. By far the biggest benefit was being able to get access to a source of love and stability within myself regardless of any external circumstances. As a result of my increased inner power, my relationships improved steadily, and I also signed the contract for my dream job. ."

Lara G.



"I went around the world trying to correct myself as if I had been born with some fault. I have been able to let go of toxic relationships from the past with love and peace, without rencor. The hardest part was breaking through my procrastination. I was trying to beat it for years with many different approaches, with Martina it was done in one session. Something that I thought to achieve in 5 years I achieved in a week."

Carol C.



"Martina has helped me a lot to improve as a person. Miracles and changes began in my life. This was the shortest path I have ever taken to get to my imagined results: I completely changed my leadership as a director and got unexpected recognitions. In the midst COVID, I have gone from debts and the risk of being foreclosed to a miracle of rent and fines forgiveness, contract extension, new client registrations. I rescued my family and managed almost 10 kg of weight loss.."

Nelly N.

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"I have invested a lot looking for "the solution", and I can say that Martina has set the bar very high for other gurus. She quickly recognizes old patterns and knows how to release them in minutes. I have gone from hiding behind my keyboard with a little dream of entrepreneurship and a new relationship to jump right in, generate business and go back to dating and enjoying people. It's been a game changer having her in my corner."

Michele W.

How does it apply to you?

If you want to succeed without struggle in any endeavour and FLOW with life, you have to learn

HOW TO CONSCIOUSLY CREATE YOUR DESIRES.

EVER ASKED YOURSELF:


How could I just.....make everything
come to me easily and quickly?

WHAT IS IT THAT YOU REALLY WANT?


And why is it that your life is not like that?

You are smart. You strive a lot. You work hard. You make lots of sacrifices.

WHAT'S THE REASON YOU DON'T HAVE IT?



The economy
doesn't work,
covid, inflation,
war...?



My limitations,
thoughts, feelings,
insecurity, fears and
worries...?

THE NORM:

WE STRUGGLE TO GET WHAT WE WANT

Overcoming outside conditions and ourselves all the time.

THE TRUTH

Magnetic Mind Method that uses
Creative Structure and True Choices will allow you to
achieve your dreams easily with joy, fun and flow.

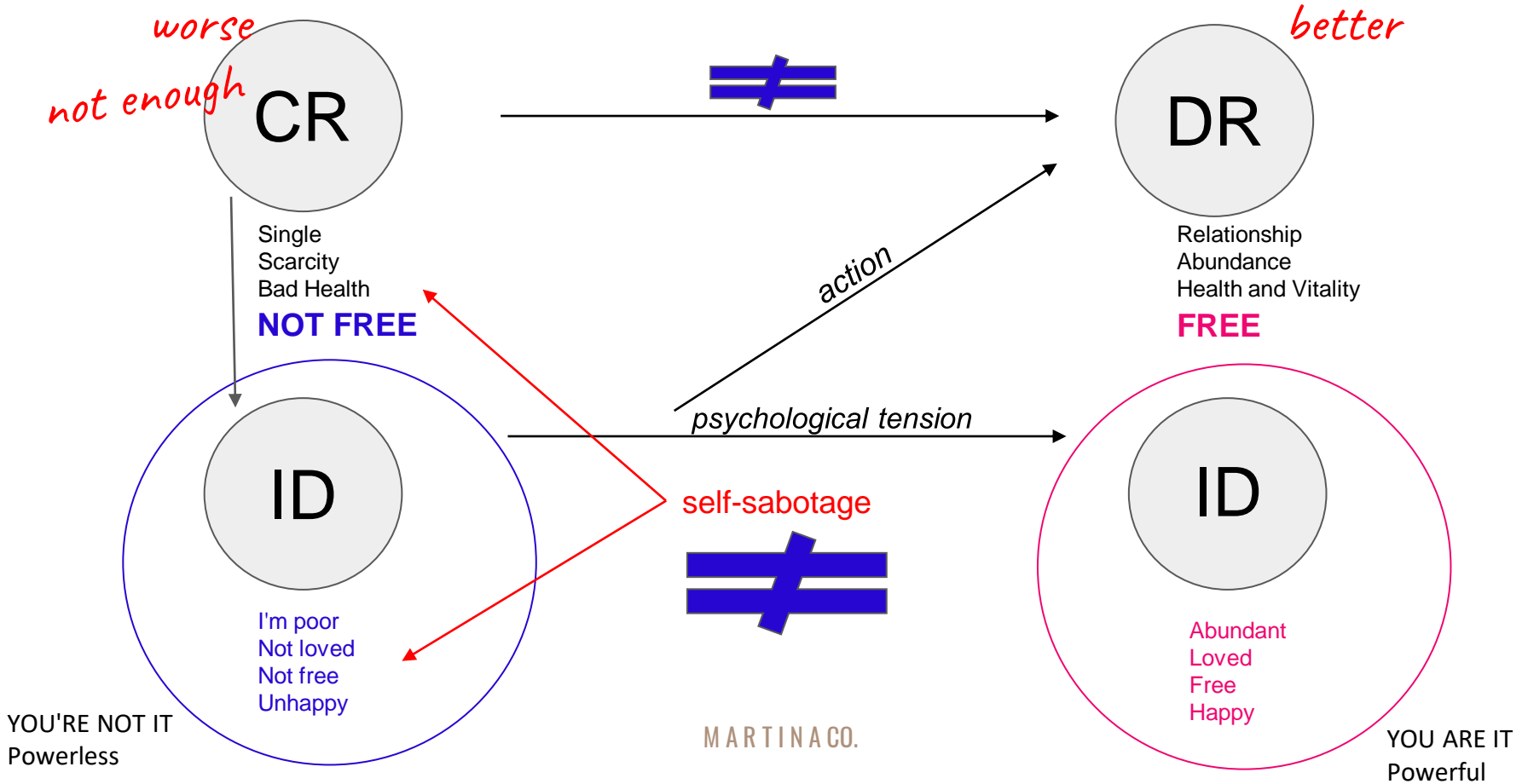
The BIGGEST PROBLEM:

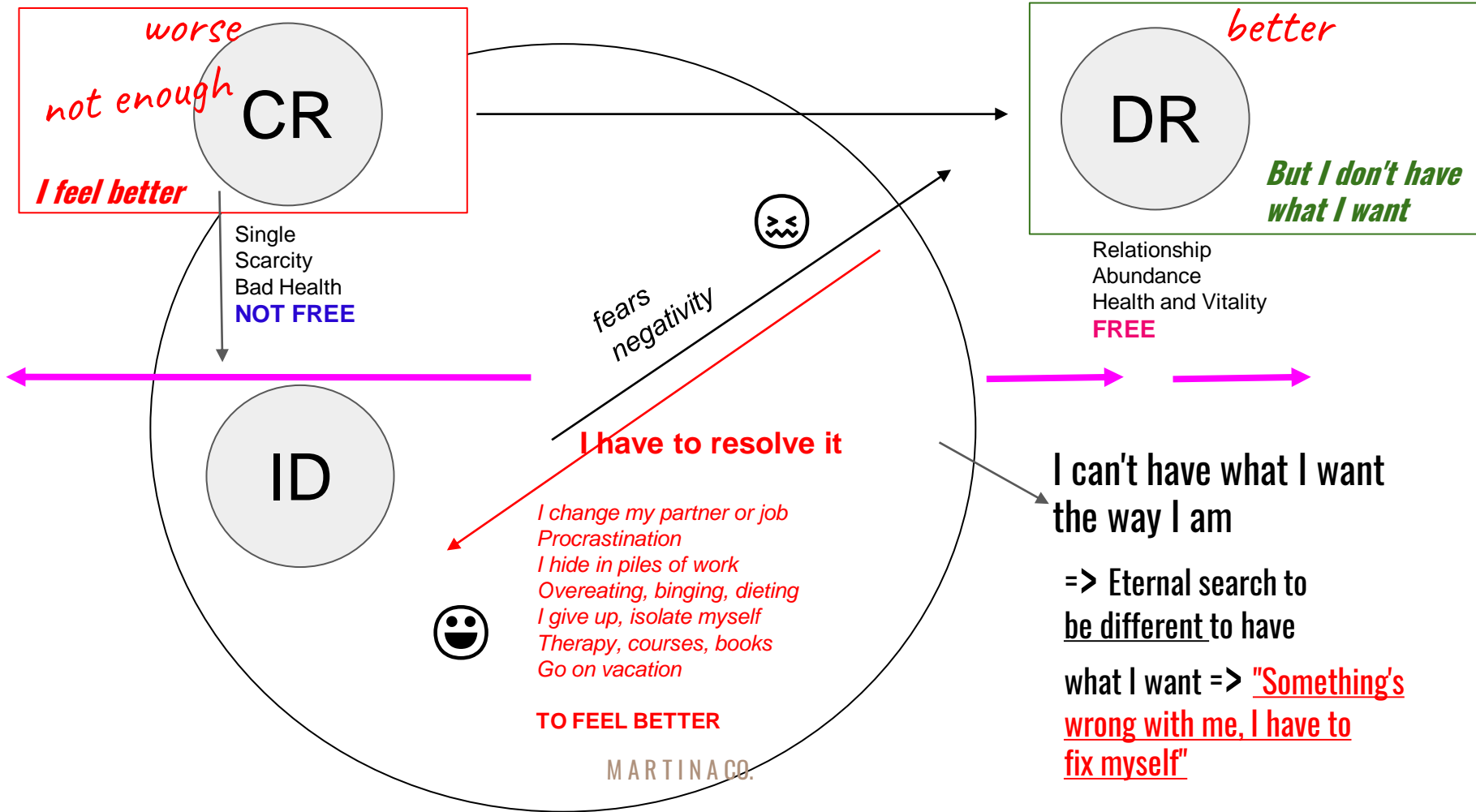
You have an exciting goal you want to achieve and you still don't have it.

Why?

**You are stuck in the
PROBLEM SOLVING STRUCTURE.**

IDENTITY CONFLICT





worse
not enough

CR

I feel better

Single
Scarcity
Bad Health
NOT FREE

ID

fears
negativity

I have to resolve it

*I change my partner or job
Procrastination
I hide in piles of work
Overeating, bingeing, dieting
I give up, isolate myself
Therapy, courses, books
Go on vacation*

TO FEEL BETTER

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better

DR

But I don't have what I want

Relationship
Abundance
Health and Vitality
FREE

I can't have what I want the way I am

=> **Eternal search to be different to have**

what I want => **"Something's wrong with me, I have to fix myself"**

WHAT IS A STRUCTURE



STRUCTURE HAS INTEGRITY

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Perception

I don't like this
I miss this
I don't have this
I am like this
I must be different
It must be better
I must fix this

RESULT: reflection of your doubts, fears and insecurities

PROBLEM SOLVING



*Powerless victim
false needs*

RESULT: got what you wanted

CREATING



*Predominant creator
true desires*

Truth

I am whole and complete, have everything I want and need and can have more of it

Psychological tension: fears, insecurities, guilt, shame, despair, etc...



*I don't have love, money, energy
unhappy, frustrated*



I have love, money and health ..satisfied, calm and driven

Creative Tension:
positive anticipation, eager expectation confidence, peace

oscillation

NEGATIVE VISIONS



remove, change, avoid, improve what I don't like

TRUE CHOICES



create what I love - what I really want

flow

No pain no gain - (push)
willpower, overcoming myself, row against the stream, lack of motivation, hard to feel excited and eager to do things



Resolve a problem / Fix respond/react to how I feel to move away from what I don't want



Create inspired action towards what I want

Have fun, enjoy and create ((pull)) inspiration, enthusiasm, ease, energy, excitement

What are THE MISTAKES

**you are making that lead you to
PROBLEM SOLVING STRUCTURE?**

YOU'RE NOT BROKEN

IT'S YOUR STRUCTURE

1. You don't think the
POWER IS IN YOU.

Three blue arrows originate from the three numbered points below and point upwards towards the main title 'YOU'RE NOT BROKEN IT'S YOUR STRUCTURE'. The first arrow points from point 1 to the left side of the title. The second arrow points from point 2 to the center of the title. The third arrow points from point 3 to the right side of the title.

2. YOU ASSUME when you
have what you want, your
life will be better and you
will change.

3. You are unconscious
of your TRUE DESIRES.
You're focusing the wrong
way. Not going for what
you love.

What are the **CONSEQUENCES**
if you don't decide to change it

Dysfunctional FOCUS with LIMITED GOALS creates dysfunctional, LIMITED REALITY: "The HARD, UNFAIR LIFE"

- you feel highly anxious, stressed and fatigued
- you give so much yet you receive so little
- don't have enough time for yourself and your life
- occasional or no enjoyment, dissatisfaction
- you create unwanted experiences, get discouraged easily
- mediocre results that don't reflect who you really are
- or you get what you want but you either lose it or can't enjoy it, very quickly ending in
- broken relationships, bad health, hard job and scarcity....
- STAYING STUCK or OSCILLATING and not truly living


The SOLUTION is simple:

SHIFT TO THE CREATIVE STRUCTURE

**(before you start setting
any of your personal choices)**

YOU MUST BE IT TO SEE IT.

You must be 100% satisfied with life now and desire to create more of what you love.



Satisfied and driven to create.

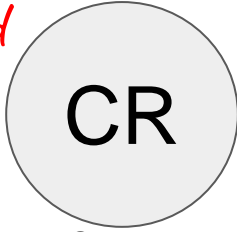
Peaceful and powerful.

In love with what you have and involved with what you are creating.

Focused on the end result and loving the journey to get there.

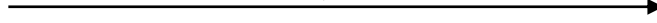
100% ALIGNED WITH YOUR END RESULT

good

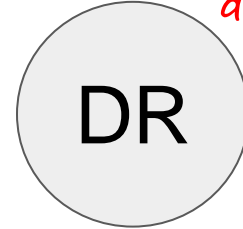


Single
Little money
Health challenges

action

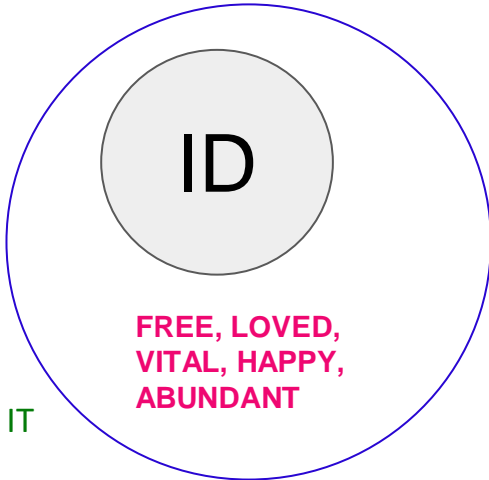


different



In amazing relationship
More money
Health and Vitality

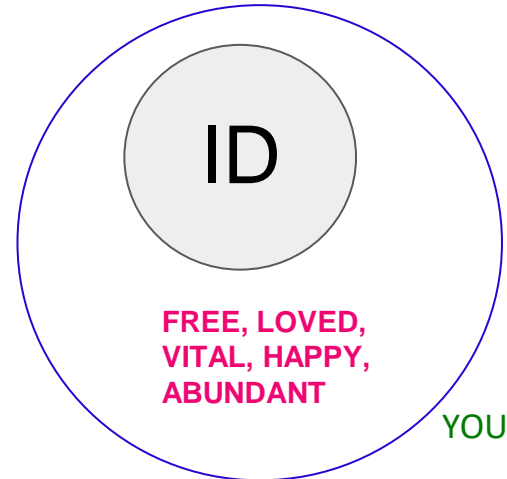
You can have it all now



YOU ARE IT



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YOU ARE IT

**NOTHING OUTSIDE OF YOU WILL
GIVE YOU WHAT YOU REALLY WANT.**

You must learn to give it to yourself!

THE 4 FOUNDATIONAL CHOICES OF ALL CREATION:

- I choose to be the PREDOMINANT CREATIVE FORCE of my life.
- I choose to live my TRUE NATURE and PURPOSE.
- I choose to LOVE MY LIFE NOW.
- I choose to BE HEALTHY and VITAL.

HOW TO SET TRUE CHOICES

**To create a life you
love without struggle**

AVOID SETTING NEGATIVE VISIONS
by raising awareness about yourself.

NEGATIVE VISION vs. TRUE CHOICE

1 - Negative Vision/Problem Solving: We react or respond to the circumstance. We first observe the problem and set intention to solve it. We get the idea our job is to respond/improve/fix the circumstance. This is a reactive/responsive orientation, your circumstances are the driving force. It is only focused on what you want to get rid of or change - NEGATIVE VISION.

2 - True Choice/Creative structure: This is where your TRUE CHOICES (what we really want to create with no reason) are the driving force. The circumstances are just the starting point. We don't react, we take the obliged action on behalf of the desired result.

THE ONLY 1 CORRECT FOCUS POINT:

- There is only 1 way to be in a true choice - there is no other reason to create - you do something just because you REALLY LOVE IT.
- You are not doing it to get away from something or to fix something.
- You bring something into being.

7 FOCUS POINTS

THAT SABOTAGE YOUR
TRUE CHOICE AND MAKE YOU
SLIP INTO A NEGATIVE VISION:

1. RESOLVE A NEGATIVE BELIEF of the 6 SABOTAGING IDENTITIES:

I am not worthy - I must deserve

I am not good enough - I must prove

I am insignificant - I must be seen,
and be important

I don't belong - I must fit in

I am not perfect - I must fix myself

I am not capable - I must learn

2. REACTION - Your goal is actually a desire to get away from an unwanted circumstance or condition.

I am going to start the gym 4x a week because I feel fat.

I don't want to lose the money I have so that means I will stay in my job.

I am going to freeze my eggs because I am 40 years old.

I choose to create vibrant health and vitality.

I choose the end result of creating an easy and lucrative business by doing what I love.

I choose to feel safe and confident in my body and a create genuine relationship with a person that reflects who I really am.

3. LIMITATION - You edit your goal to what you think is possible instead of what you'd really love. You have edited down your dream.

I really want that guy I met on the party but that's impossible so I am going to accept the one who showed interest in me.
I'd love to have my flower shop but I can't so I just find me a job to pay the bills.
It's impossible the change the way I am so I have to keep on being in this abusive relationship.

I choose the end result of having an amazing relationship that makes me feel very good with a person I love.

I choose to create my flower shop.

I choose to love myself the way I am.

4. OTHERS OPINIONS - Your goal is designed to ensure others are happy.

They say vegetarian meal is healthy so I will prefer vegetarian meals.

If I achieve a competitive curriculum I will be well considered and have a good life.

Everyone thinks the vaccine is an efficient remedy for Covid, so I will do it.

I choose to create vibrant health and vitality with the meals that match my unique metabolic needs.

I choose to create a life experience that I love with doing what I love.

I choose to create a strong immune system.

5. CONTROL - it must be exactly how I want it (time frame, circumstances, people). Your goal becomes about controlling conditions.

I want my ideal partner that has to be tall, rich and handsome or I won't be happy.

I have to use this particular strategy exactly this way, or the business won't work.

I want to have 100k a month in exactly 1 year.

I choose to make peace with the past and love my life now while being single.

I choose to genuinely connect with people giving them great value and providing excellent service.

I choose the end result of a job I love that gives me total abundance - more than I can spend.

6. INDIRECTNESS - thanks to this I will achieve something else. You are taking the long route.

I must study more and get another MBA/certification so that I can have better position and make more money.

If I save enough I can have the house of my dreams.

If I take this therapy / remove my diagnosis, I am going to be healthy.

I choose to run my seminars with what I know now and give people great value.

I choose to live the life I love / feel well in any place or house no matter where I am.

I choose to create real health and help my body to heal itself naturally.

7. DEFAULT - I don't want any goals, what I have is enough.

I have everything I desire now, I don't need anything else.

I just go with the flow, don't need any goals.

I have a great life, I've got nothing left to create.

I choose the end result of running a marathon.

I choose the end result of enjoying myself with dancing.

I choose the end result of remodeling my house and garden.

NO GUARANTEE WITH PROBLEM SOLVING:

Why creative orientation is so important is because there is no guarantee that being in the problem solving orientation will get you what you want.

RESULT:

You end up chasing solutions of the childish wounds your whole life but never get what you want.

WHAT WOULD YOU LOVE TO CREATE?

Common themes:

- What would you love to do for a career/business?
- How much financial abundance would you love to have?
- How would you desire to serve/impact the world?
- What experiences do you wish to have?
- Your spiritual connection
- Your friendships and intimate relationship
- Your perfect week - what would you spend your time on
- The home you'd love to live in
- What you love to do for fun
- What art you'd love to create (art is anything you make for the joy of it)
- What you are passionate about - the things you love to do
- What fulfills you
- What family environment you'd love to live in

HOW TO PUT IT TOGETHER

- **4 core foundational choices**
- **9 personal true choices:**
 - **primary intentions**
 - **secondary intentions**
 - **concrete results**
 - **feelings**
- **Break it down to more focused choices in**
90, 60, 30 days and 1 week and 1 day

EXAMPLE:

Core foundational choice #1:

primary intention: I choose to be the predominant creative force of my life: **TO LOVE MYSELF UNCONDITIONALLY**

secondary intention: I talk and treat myself nicely, I put my limits, say no when necessary

concrete results: I have more time for myself to go out and meet new people, I have 3 new activities where to meet new people with what I love to do

feelings: I feel in love (with myself and my life)

Personal choice #1: **RELATIONSHIP**

primary intention: I choose to have an intimate, mutually profound and understanding relationship with a man/woman I love.

secondary intention: I want to love him/her and I want him/her to love me the way I am, we match perfectly and have great fun together

concrete results: will get to know 5 new interesting people a month, will share what I love to do with new people every weekend

feelings: I feel in love (with myself, everything and everybody else)

CREATE YOUR VISIONS

The overall perspective of your path towards your desired future

Name: _____

Date: _____

| MY DREAM | TERM | FUTURE |
|---|---|-----------|
| Vision: End Result | Long Term | 1-5 years |
| Objectives | Medium Term | 6 months |
| Goals | Short Term | 3 months |
| Monthly Focus | 1 Month View | 30 days |
| Perfect Week | 1 Week View weekly planning + commitments | 7 days |
| Daily Intentions Daily morning routine | Daily planning + priorities | TODAY |

.....if you fail to plan, you are planning to fail.

WHAT YOU CAN GET TODAY:

Magnetic Mind Program in Small VIP Group (max. 5 people 3 months duration):

1 Weekly Group Session on CONSCIOUS
CREATION and EMOTIONAL MASTERY
(total of 12 sessions of 90min)

Value: 4995€

1 Weekly Group Session on
SUPERCONSCIOUS RECODE
(mind reprogramming technique)
(total of 12 sessions of 75min)

Value: 3999€

Total Value:

8994€

Normal Price:

3997€

YOU ALSO GET:

Bonus #1

Specific Mind Reprogramming Meditations - indispensable tool to train emotional alignment

- under 20 minutes each and designed to create lasting change, from wealth, health, love to overcoming procrastination and self doubt and more

1595€

Value:

Bonus #2

3 Months Access to INNER CIRCLE of private group for Support

- Q+A SESSION every 2 weeks to speed up your transformation

Value: 995€

YOU ALSO GET:

Bonus #3

Specific Exercises, Sheets, Literature

- All learning material ready to use to make sure you get full understanding of what you're doing and can implement all concepts easily

Value: 699€

Bonus #4

Recordings of all sessions

- Extra support to catch up with your learning and implementation if you got lost, can't participate or forgot something from previous sessions

TODAY'S SPECIAL:

Magnetic Mind Program in Small VIP Group (max. 5 people 3 months duration):

12 sessions of 90min **CONSCIOUS CREATION** and **EMOTIONAL MASTERY** Value: 4995€

12 sessions of 75min on **SUPERCONSCIOUS RECODE**

Value: 3999€

Bonus 1 **Specific Mind Reprogramming Meditations**

Value: 1595€

Bonus 2 **3 Months access to INNER CIRCLE for Support and Questions** Value: 995€

Bonus 3 **Learning Material ready to use (exercises, sheets, literature,..)** Value: 699€

Normal Price: **3997€**

Today's Special: **997€ /**
month

SECURE YOUR SPOT and PRICE RIGHT NOW:

SEND TEXT "**MARTINA VIP GROUP**"

+34 680 722 679